

BREAKFAST



This institute is an equal opportunity provider.
Menu subject to change

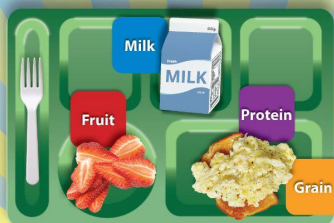
SSD August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		21	22	23
		<p><i>Breakfast Tornadoes Day!</i> Breakfast Tornadoes or Bagel (WG) w/Cream Cheese Peaches or Craisins Apple Juice Choice of Milk</p>	<p><i>French Toast Day!</i> French Toast Breakfast Sausage Hash Browns or String Cheese w/Granola Bites Pears or Applesauce Grape Juice Choice of Milk</p>	<p><i>Oatmeal Friday!</i> Hot Oatmeal Bar or Cereal Bowl (WG) w/Graham Crackers Oranges or Raisins Orange Juice Choice of Milk</p>
26	27	28	29	30
<p><i>Bagel Day!</i> Bagel (WG) w/Cream Cheese or Muffin (WG) w/ Graham Crackers Apples or Raisins Apple Juice Choice of Milk</p>	<p><i>Pancake Day!</i> Pancakes Sausage Patty or Cereal Bowl w/Graham Crackers Mixed Fruit or Applesauce Grape Juice Choice of Milk</p>	<p><i>Breakfast Taco Day!</i> Breakfast Taco or Bagel (WG) w/Cream Cheese Peaches or Craisins Apple Juice Choice of Milk</p>	<p><i>Biscuits & Gravy Day!</i> Biscuits (WG) & Country Gravy or English Muffin (WG) w/Sugar Free Jam Pears or Applesauce Grape Juice Choice of Milk</p>	<p><i>Oatmeal Friday!</i> Hot Oatmeal Bar or Cereal Bowl (WG) w/Graham Crackers Oranges or Raisins Orange Juice Choice of Milk</p>

USDA Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

BUILD A POWER FUELED BREAKFAST

CHOOSE AT LEAST 3 ITEMS
TAKE 1/2 CUP FRUIT OR VEGETABLE



4 items


SERVED
LOW FAT MILK
& CHOCOLATE MILK
FRESH
& CANNED FRUIT



LUNCH

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SSD August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		21	22	23
		<p><i>Chicken Taco Day!</i></p> <p>Chicken Taco Tortilla (WG) Mixed Veggies Peaches Choice of Milk</p>	<p><i>Lasagna Day!</i></p> <p>Meat Lasagna Dinner Rolls (WG) Carrots Fresh Apples Choice of Milk</p>	<p><i>Pizza Friday!</i></p> <p>Pepperoni, Specialty, or Cheese Pizza Broccoli Pineapple Choice of Milk</p>
26	27	28	29	30
<p><i>Chicken or Fish!</i></p> <p>Chicken Nuggets Fish Sticks Potato Wedges Applesauce Choice of Milk</p>	<p><i>Chili Dog Day!</i></p> <p>Chili w/Beans Hot Dog w/Bun (WG) Oranges Choice of Milk</p>	<p><i>Sloppy Joe Day!</i></p> <p>Sloppy Joes w/Bun (WG) Seasoned Mixed Veggies Mixed Fruit Choice of Milk</p>	<p><i>Pasta Day!</i></p> <p>Chicken Alfredo Carrots Pears Choice of Milk</p>	<p><i>Pizza Friday!</i></p> <p>Pepperoni, Specialty, or Cheese Pizza Broccoli Pineapple Choice of Milk</p>



BUILD A POWER FUELED BREAKFAST

CHOOSE AT LEAST 3 ITEMS
TAKE 1/2 CUP FRUIT OR VEGETABLE



4 items

Join us for

PIZZA FRIDAYS

Pepperoni, Cheese or Specialty




SERVED LOW FAT & CHOCOLATE MILK

FRESH & CANNED FRUIT




ChooseMyPlate.gov

For menus, nutrition education and more see:
sitkaschoolsfoodservice.com