



# SITKA SCHOOL DISTRICT

## Middle School Breakfast

May

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1**

**2**

**3**

Pancakes or Pop Tarts  
w/Graham Cracker  
Sausage Patty  
Fresh Fruit  
Choice of Milk

Breakfast Burrito or  
Cold Cereal w/Graham  
Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

**6**

**7**

**8**

**9**

**10**

Pop Tart w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Fruit Cups  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Blueberry  
Bagel (w/Cream Cheese  
or Peanut Butter)  
w/Graham Cracker  
Diced Pears  
Choice of Milk

Breakfast Pizza or  
Whole Grain Muffin  
w/Graham Cracker  
Fresh Fruit  
Choice of Milk

Sausage, Egg, &  
Cheese Muffin or  
Cold Cereal w/Graham  
Cracker  
Pears  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

**13**

**14**

**15**

**16**

**17**

Cold Cereal w/Graham  
Cracker or Breakfast  
Cereal Bar w/Graham  
Cracker  
Fruit Cup  
Choice of Milk

Blueberry Bagel  
(w/Cream Cheese or  
Peanut Butter)  
w/Graham Cracker or  
Whole Grain Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Breakfast Tornado or  
Pop Tarts w/Graham  
Cracker  
Diced Peaches  
Choice of Milk

French Toast Sticks  
w/Syrup or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

**20**

**21**

**22**

Cold Cereal w/Graham  
Cracker or  
Whole Grain Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese or Peanut  
Butter) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

French Toast Sticks  
w/Syrup  
or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk



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## Middle School Lunch

May

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<b>1</b>		<b>2</b>		<b>3</b>	
				Chicken Drumsticks Whole Grain Dinner Rolls Mashed Potatoes Mixed Fruit Choice of Milk		Pasta w/Meat Sauce & Shredded Cheese Carrots Diced Peaches Choice of Milk		Pizza Friday! Pepperoni or Cheese Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk	
<b>6</b>		<b>7</b>		<b>8</b>		<b>9</b>		<b>10</b>	
Hot Dog on Bun w/Cheese Chili Carrots Diced Peaches Choice of Milk		Meat Lasagna Whole Grain Dinner Roll Green Beans Diced Pears Choice of Milk		Orange Chicken Steamed Brown Rice Mixed Veggies Peaches Choice of Milk		Macaroni & Cheese w/Diced Ham Tater Tots Applesauce Choice of Milk		Pizza Friday! Pepperoni or Cheese Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk	
<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>		<b>17</b>	
Ham & Cheese Sandwich Tomato Soup Applesauce Choice of Milk		Soft Shell Taco Refried Beans Mixed Fruit Choice of Milk		Pasta w/Meat Sauce & Cheese Green Beans Diced Pears Choice of Milk		Crispy Chicken Sandwich Mashed Potatoes or Tater Tots Applesauce Choice of Milk		Pizza Friday! Pepperoni or Cheese Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk	
<b>20</b>		<b>21</b>		<b>22</b>					
Sloppy Joes Tater Tots Corn Diced Peaches Choice of Milk		Chicken Nuggets Carrots Mixed Fruit Choice of Milk		Corn Dog Baked Beans Diced Pears Choice of Milk					



# SITKA SCHOOL DISTRICT

## High School Breakfast

May

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1**

**2**

**3**

Pancakes or Pop Tarts  
w/Graham Cracker  
Sausage Patty  
Fresh Fruit  
Choice of Milk

Breakfast Burrito or  
Cold Cereal w/Graham  
Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

**6**

**7**

**8**

**9**

**10**

Pop Tart w/Graham  
Cracker or Whole Grain  
Muffin w/Graham  
Cracker  
Fruit Cups  
Choice of Milk

Cold Cereal w/Graham  
Cracker or Blueberry  
Bagel (w/Cream Cheese  
or Peanut Butter)  
w/Graham Cracker  
Diced Pears  
Choice of Milk

Breakfast Pizza or  
Whole Grain Muffin  
w/Graham Cracker  
Fresh Fruit  
Choice of Milk

Sausage, Egg, &  
Cheese Muffin or  
Cold Cereal w/Graham  
Cracker  
Pears  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

**13**

**14**

**15**

**16**

**17**

Cold Cereal w/Graham  
Cracker or Breakfast  
Cereal Bar w/Graham  
Cracker  
Fruit Cup  
Choice of Milk

Blueberry Bagel  
(w/Cream Cheese or  
Peanut Butter)  
w/Graham Cracker or  
Whole Grain Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Breakfast Tornado or  
Pop Tarts w/Graham  
Cracker  
Diced Peaches  
Choice of Milk

French Toast Sticks  
w/Syrup or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk

Breakfast Cereal Bar  
w/Graham Cracker or  
Hot Oatmeal Bar  
Applesauce  
Choice of Milk

**20**

**21**

**22**

Cold Cereal w/Graham  
Cracker or  
Whole Grain Muffin  
w/Graham Cracker  
Orange  
Choice of Milk

Pop Tart w/Graham  
Cracker or Blueberry  
Bagel (w/Cream  
Cheese or Peanut  
Butter) w/Graham  
Cracker  
Fresh Apple  
Choice of Milk

French Toast Sticks  
w/Syrup  
or Cold Cereal  
w/Graham Cracker  
Mixed Fruit  
Choice of Milk



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<b>20</b>		<b>21</b>		<b>22</b>					
Sloppy Joes Tater Tots Corn Diced Peaches Choice of Milk		Chicken Nuggets Carrots Mixed Fruit Choice of Milk		Corn Dog Baked Beans Diced Pears Choice of Milk					